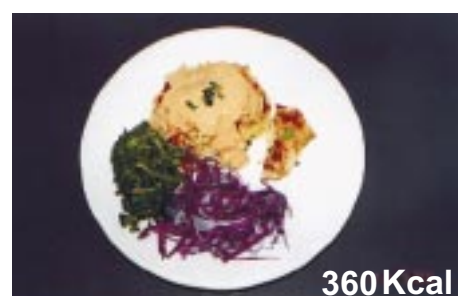
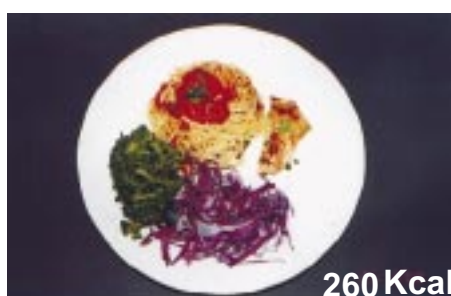
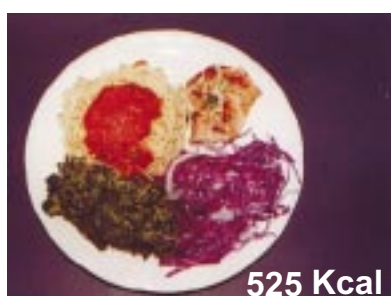
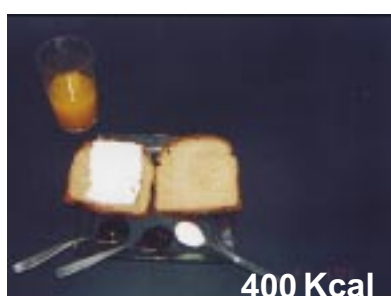
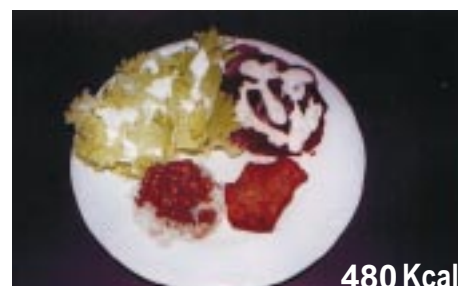
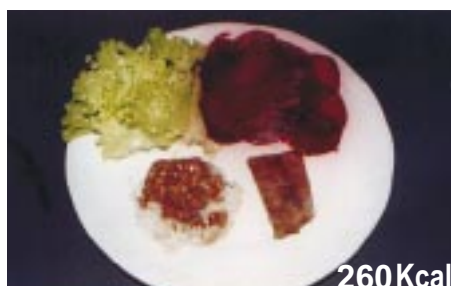


**Diet A****Diet B****Diet C**

**FIGURE 2-** Pictures that consists in adaptated plate model for nutritional education of obese.